

New York Times

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To the Editor:

[“Obsolete Bulbs Fill the Shelves at Dollar Stores”](#) (front page, Jan. 24) ignores a critical problem with LED lighting: It’s making many people seriously ill. I am one. I have epilepsy, and even the briefest glimpse of an LED light instantly throws me into a seizure. It’s incredibly dangerous for me to be anywhere near LEDs.

LED-triggered seizures have left me with broken teeth, bruises and excruciating pain that lingers for days. I *need* to be able to buy incandescent bulbs. I can’t enter LED-lit stores, doctor’s offices, hospitals or civic buildings. How am I supposed to live if no one can purchase incandescent light bulbs?

Super-efficient incandescent bulbs were developed but put aside by the industry in favor of LEDs. For the tens of thousands of Americans with light-reactive conditions, having access to incandescent bulbs is no mere “consumer choice”; it is a medical necessity.

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