

July 19, 2022

Re: [REDACTED]

DOB: [REDACTED]

To Whom It May Concern:

I have been providing psychotherapy, stress management, and cognitive rehabilitation to [REDACTED] for several years. She has also undergone neuropsychological testing and functional brain imaging. Her care is coordinated with her primary treating physician [REDACTED]. [REDACTED] suffers from toxic encephalopathy (ICD-10, G92.8) and hyper-photosensitivity to light, other than the sun (ICD 10:L59.8), specifically light from LEDs.

[REDACTED] should not be considered or labeled as psychosomatic or hysterical but taken seriously regarding her underlying medical condition. In fact, in many ways she is the “Miners Canary.” That is chemical and light pollution affects all of us adversely.


Currently, [REDACTED] is suffering significant health problems from photo toxicity due to excessive exposure to high-intensity artificial light, often produced by light-emitting diodes in the blue spectrum. Recently, there have been several published studies providing increasing evidence of health problems related to exposure to these kinds of lights. Health problems include disruption of circadian rhythms and thus sleep, metabolic dysregulation, cancer risk, damage to the eyes, and behavioral and cognitive dysfunction. Attached to this letter is a list of references to recent research documents the problem of photo toxicity.

[REDACTED] tells me that bright lights have been put up near her home causing her to experience a number of health problems. She has experienced eye pain, swelling around her eye, blurred vision, nausea and vomiting, and anxiety. The effects of these bright lights on her brain are demonstrated by changes in her brain electrical functioning as measured by a quantitative EEG

with neurometric analysis. After exposure, health problems can continue for days.

I am strongly recommending that these bright lights around [REDACTED] house be removed. This accommodation should meet ADA guidelines for the disabled.

If you have any other questions, please feel free to contact me.

A handwritten signature in cursive script that reads "Byrl Robert Crago".

B. Robert Crago Ph. D

Licensed Psychologist, State of Arizona, Certificate #866

National Registry of Health Care Service, Providers in Psychology, Certificate #30209

ASPPB Certificate of Professional Qualification Psychology, CPQ #2058

American Board of Disability Analysts, Senior Disability Analyst/Diplomate #2478-96

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