

LED Incident Reports December 2024

<https://www.softlights.org/led-incident-reports/>

December, 2024

December 31, 2024 – Orléans, France – None

It's New Year's Eve, and for the fifth consecutive year, I'm staying home and not participating in any festivities because of the blinding LED lights that are now everywhere and assault my eyes.

When the first street lights and vehicle LED headlights appeared in my area five years ago, I realized that my daily life would be completely turned upside down. I feel like I've been condemned to no longer live normally, like I used to, especially in the evenings. I can't live freely in society anymore, with a clear conscience, without the fear of having my eyes constantly assaulted by these completely excessive lights.

I'm tired of all this. Tired of having to endure these car headlights with insane brightness levels, at night JUST LIKE DURING THE DAY, forcing me to look away and leaving trails in my vision. Tired of noticing that many designs and installations of lighting fixtures are systematically done thoughtlessly, over-illuminating the entire neighborhood. Tired of these street lights that repel me and prevent me from being out at night.

The world has plunged into a light arms race that I don't understand and can no longer tolerate! Why have we come to this? Who decided this on behalf of everyone else?

Science had warned about LEDs, but it wasn't listened to. Many people complain, but they're not heard.

What's happening? What's the plan? How much longer do we have to protest and shout for the LED monster, created by a greedy and careless industry, to stop spreading uncontrollably? I deeply curse everyone who created this monster, and every day I wonder how much longer I can endure this situation before I decide to move far away so I no longer have to suffer from it.

In any case, we need to unite to make the global LED industry bend so that acceptable lighting standards for everyone are established and enforced.

Happy New Year to everyone and stay strong.

December 31, 2024 – Armada, MI – None

My wife just ordered a pair of night driving sunglasses which made me realize these modern LED headlights are just too bright, dangerous, and out of control. My wife (54), my son (20), and I (52) have

been complaining about the bright headlights for the last couple of years. Another red flag is that my son also complains, and he's only 20 with perfect vision.

These dazzling lights diminish night vision and distort the field of depth. Both oncoming and rearview traffic dazzle. You can dim the center mirror, but side mirrors are not dimmable.

These headlights are dangerous to all people on the road and need to be regulated so they are either toned down or use a friendlier light frequency.

December 30, 2024 – Holly Springs, NC – Astigmatism

We live in a part of North Carolina that does not have street light coverage. In short it is VERY dark here. Driving at night here is quite a challenge. The blinding on coming headlights make it almost impossible to navigate the roads safely. Combine that with what appears to be distracted driving and you are taking your life in your hands just trying to get to the market. Something must be done to reduce the brightness of these dangerous headlights.

December 30, 2024 – Anytown, MO – Astigmatism

I'm unable to see the lines on the road when someone uses LED lights. Almost everyone I come into contact fills the same way even if they do not have an astigmatism. LED lights are very dangerous for the most basic and single most important reason of all... TWO LANE ROADS!

Many people can drive just fine at night even with varying vision problems or none whatsoever with regular halogen or non-LED bulbs.

When someone uses brights they should see far and wide so they can look for deer and other animals etc.

However when a car is within 500 ft or less not even the brightest halogen should be used for low beams as this endangers not only the person who has the lights shining in their eyes, but it endangers the person shining the lights and someone else's eyes because it could create a head-on collision.

In fact, I'm willing to bet that many head-on collisions are result of LED lights on two-lane roads over someone looking at their phone.

If more intensive research was done you'd most likely find out I'm right since as a genius I'm right about 99% of the time about my speculations.

December 30, 2024 – Paterson, NJ – Other

The car lights are way too bright that blinds you

December 28, 2024 – Taos, NM – None

Dusk and sun setting, combine that with LED headlights and it's impossible to see the road ahead. The LEDs are so bright that you cannot tell the make of the automobile.

December 27, 2024 – Blanco, TX – None

There's a difference between brightness and color temperature. Brightness is measured in Lumens. Color temperature, in degrees Kelvin. It is not so much the brightness of these new headlights that causes so much irritating and dangerous glare as it is the very high color temperatures of 5,000, 6,000 or higher Kelvin. If the new vehicles simply used low Kelvin LEDs...2700 Kelvin or lower (a golden yellowish light), much of the annoyance would be alleviated.

December 26, 2024 – Seattle, WA – None

I'm 51 and have struggled with bright blue/white head lights for many, many years. Because most new cars come with them and many people are using LED bulbs in older headlight fixtures, the situation seems to be compounding exponentially.

I often get a headache from the eye strain and increasingly plan my life to avoid night time driving when possible. I have even begun using both a dark sun visor and yellow/amber tinted lenses to make night driving tolerable. This is not my preferred way to drive at night as it makes it more difficult to see dark objects or people dressed in dark clothing.

I find my need to do this ridiculous. I also don't know a single person of any age, that seems unbothered by the changes that have brought so much bothersome glare into our eyes as we drive.

Something needs to be done about this sooner than later and it is going to take a lot of work to change out or update all the headlights that are blinding me and everyone else I talk to.

Why are we allowing this unsafe way of illuminating our driving to continue? I want the department of transportation and/or the FDA and/or congress to begin addressing this problem NOW so that we can all drive more safely and with less eye strain and pain.

December 24, 2024 – Wichita, KS – Autism

Multiple brain injuries left me with diagnoses that include migraine, severe photophobia due to a retinal sensor injury – ipRGC's the Light Meter for the eyes which regulates circadian rhythm. It also manages retinal light adaptation. Exposure to LEDs and any blue spectrum bright light, especially light that flickers or moves, causes me intense pain, violent nausea, vomiting, weakness, chest pain, shortness of breath, a lot of the symptoms of a heart attack or a severe panic attack. It took me many doctor visits to learn the cause of this severe photophobia and flaring systemic symptoms . I also learned that I have a diagnosis of autism spectrum Level one which explains my severe sensory overwhelm experience to light, but that combined with this retinal injury has rendered me unable to drive at night at all in these new lighting conditions. It's so unsafe even wearing blue light blocking glasses with glare blocking appliqués in my windows to block headlights in my side views and the oncoming traffic.

December 24, 2024 – Los Angeles, CA – Photophobia

Post mTBI: chronic migraine, severe neuralgia and dysautonomia all triggered by severe photalgia due to ipRGC retinal sensor injury – <https://pmc.ncbi.nlm.nih.gov/articles/PMC7682828/>

December 24, 2024 – Anytown, NJ – Astigmatism

I have never hated driving so much as I have hated driving this year.

At night, thanks to the glare, I cannot see road signs without reflective coatings. When it rains at night, the combination of windshield fog, glare, and wet-pavement are brighter than the Lines-on-the-Fucking-Road. High-set SUVs with Bright As The Goddamn-Sun headlights shine directly into my vision which, due to an astigmatism, breaks into a fireworks show in my eyes. Oncoming traffic actually hurts—like getting snipped with nail-scissors in the back of my head.

On one particularly vile strip of road I became paralyzed, unable to see my turning lane, and it was only by a Grace of God that I did not have an accident.

It used to be that this glare was only an occasional inconvenience—some thoughtless driver who forgot to turn off their high beams. Now between the strength of headlights and the height of cars, every minute spent driving at night is a damnation; miserable American roads befitting a miserable American people.

There's something poetic, something uniquely American, about the state of our roads at nights; they've become a dick-waving contest measured in lumens, fueled by selfish idiocy, gagging and slobbering for "MOAR BRIGHT" until nobody can fucking see.

Thank you for providing a space to voice these concerns. I eagerly look forward to seeing our regulatory institutions ignore this problem until it inconveniences someone important.

December 23, 2024 – Portland, OR – Photophobia

Bright LED headlights on vehicles have become a significant challenge in my daily driving. On multiple occasions, cars equipped with excessively bright LED headlights have nearly caused accidents. When these lights shine directly into my eyes, especially from oncoming traffic, the glare is blinding and disorienting. Even vehicles behind me can create dangerous situations when their LED lights reflect intensely through my rearview or side mirrors.

To cope, I've had to resort to putting my hand up to block the glare while trying to maintain control of the car, which is both impractical and unsafe. This issue has led to numerous close calls where I almost veered off the road or into another vehicle. Additionally, the harsh intensity of these lights causes severe eye strain and headaches, making the driving experience not only stressful but physically painful.

These incidents have made me anxious about driving at night or in poor visibility conditions, as I'm constantly on edge, anticipating these blinding lights. It's clear that while LEDs have their benefits, their use in vehicle headlights needs better regulation to ensure road safety for everyone.

The Impact of Bright LED Lights on My Driving Experience

Bright LED headlights on modern vehicles have become a significant hazard while driving. On numerous occasions, these lights have nearly caused accidents, whether from oncoming cars or vehicles behind me. The glare from these excessively bright LEDs blinds me temporarily, often reflecting off my rearview or side mirrors, leaving me disoriented and forced to put my hand up to block the light. This is an impractical and unsafe solution while trying to maintain control of my car.

A particularly concerning issue is the auto brights feature in many modern cars. These systems frequently fail to detect other vehicles properly, leaving the brights on when they should dim. This not only creates an unsafe driving environment but is also a clear violation of traffic laws, as having your brights on within a certain distance of another vehicle is illegal. Such violations should be actively ticketed to deter this reckless behavior.

The cumulative impact of these bright lights has been severe for me. I've had multiple close calls, almost veering off the road or into other vehicles. Beyond the immediate danger, the glare causes eye strain, headaches, and general discomfort, making nighttime driving a source of anxiety and physical pain. While LED headlights offer benefits like increased visibility for drivers using them, they need stricter regulations and better technology to ensure they don't endanger others on the road.

December 22, 2024 – Sebastopol, CA – None

My eyesight is pretty good except for needing reading glasses for seeing things up close. But ever since the new super bright headlights have come out, I really don't want to drive at night. They are blinding and very dangerous, since I can't see anything else when they're coming at me. I adjust my rear-view and side mirrors so that the lights don't shine in my eyes. That reduces my ability to see behind me, but it's safer than being blinded by those lights.

I thought maybe it was just my eyes getting worse, but I notice that if a car is coming toward me with the old fashioned headlights, I can see totally fine. No problem. With the new headlights, I sometimes have to hold my hand up to block them so that I can see where the road is. Otherwise, I would be totally blinded. Very dangerous! I can't believe these are legal. They also hurt my eyes, and I'm sure they are damaging to vision.

December 22, 2024 – Vancouver, BC – Electromagnetic Sensitivity

Since so many vehicles are now using these bright, white LED car headlights it is practically impossible for me to drive. I have to hold my left hand up as they are so blinding, even in the daytime. Even sunglasses do not cut the bright light. I even drive at night with sunglasses on. This is very dangerous! When a car comes up from behind I have to hold my hand up by the side mirror as it also blinds me from the side and from the rear view mirror. It has become so dangerous for me to drive and has affected the quality of my life in so many ways. I don't know who gave these car companies permission to use these very bright LED white lights? It's like the whole city driving around with their high beams on or even worse! This must be rectified by the federal government! This must be stopped immediately!

December 21, 2024 – Port Colborne, ON – None

I crashed my car, totalled it because someone with LED headlights decided to enter and exit a roundabout with their high beams on. They were coming towards me and I was completely blinded by them for about 15 seconds before they passed me. I will take some fault as I was speeding a little but at that point it was too late and I crashed directly into another vehicle all because of LED light. They are too damn bright!!

December 21, 2024 – Olympia, WA – Other

Upon returning to my booth at an outdoor/covered Farmers Market, the Governor allowed "non-essentials" Crafters/Artisans could return. My soft lights didn't get moved to my new booth space. The first day my eyes ached (which I'd never experienced in 60 yrs). I recalled an by article Dr. Mercola who interviewed an Ophthalmologist who explained LED lights and eye damage. My instinct was to stand in the sun...no eye ache: BINGO! I knew it was the damn lights. I researched and purchased blue blockers and a wrap around my head visor because lighting came in from all directions.(And horribly had to wear a mask too = hell on earth!). I went to an micro-current intuitive healer who said it's your optic nerve especially in the left eye. I had had several treatments over the years and got better, thank Buddah, Allah, Godddess, Jesus and everyone! However I always carry blue blocker glasses in the car and a sun visor...because I never know how the lights in whatever store will affect me. It's been a huge challenge, life-style shift for me... even visiting friends homes I must be prepared. I'm much better. Although I went back to the OFMkt and had had my gear, went to the car to drop off stuff didn't think I'd need my visor, nor that I'd stay long. I sat on a table, waiting for a buddy and instantly my eyes started tweaking, and ached for hours afterwards. I've learned to try and not drive at night the headlights are horrific, especially first responders= blinding! I've learned to drive w/my left hand up to shield my eyes from the oncoming headlights. Years ago I titled all my mirrors waaaay out or up, I can lean to see when

necessary.

My question is whom decided LED's were the new way? Politically — Someone must be the king-pin-of-LEDlight\$?

I actually lucked out and purchased an entire box of 60watt bulbs at a used store, just as a volunteer walked in with a huge box of new bulbs for \$10 (i know)! Before that I was purchasing used ones from Habitat for Humanity resale stores for \$1 a bulb, and felt grateful for that!!!

Thank you for your research, time and effort in this important area. I had no idea the ranges of challenges people continue to face. Big love to you and yours in this journey to educate. WE ARE NOT ALONE! Cheers.

December 20, 2024 – New Orleans, LA – None

I cannot drive at night now because the superbright LED lights make me see halos about 20 feet high and wide around oncoming vehicles or vehicles behind me. I cannot see the road, the signs, the lines, pedestrians. It is sudden and violent to the eyes and the brain and nervous system. Now I am being advertised to by Amazon and Google to buy LED bulbs to replace the halogens in my own car headlights. I will not fight fire with fire and blind other people so I can compete with these atrocious tools.

December 20, 2024 – Drexel Hill, PA – Autism

I drive because it's difficult to participate in society if one doesn't, but my autism makes it very hard for me on multiple levels. For one, I am very sensitive to light, and overly bright headlights not only hurt my eyes but also obstruct the shapes of vehicles and the flow of traffic, making me afraid that I will collide with someone because I can't properly sense how their car takes up space. There is no valid reason for headlights to be that bright. Even those with weaker vision, such as my grandfather when he had cataracts, used to drive just fine with a softer beam. I have seen and heard others complain about these lights as well, such as my father and various social media users. Please don't make life harder for people with disabilities than it already is.

December 19, 2024 – Austin, TX – None

I am now too terrified to drive at night due to the blinding impact of LED lights, which cause me to not be able to see at all, have a panic attack, and swerve, endangering my life and the lives of others. They are much, much too bright. I had to drive from Texas to Louisiana at night last night for a funeral and I had to pull over four times because of the dizziness, fear and nausea of being struck by those lights which is almost like a heat lamp or a blow to the head. I cannot believe that something so dangerous as lights so bright they blind other drivers temporarily are allowed and unregulated. I can no longer drive at night in this environment.

December 19, 2024 – Colorado Springs, CO – None

I was blinded by oncoming LED Headlights and turned the wrong way on a one way street. I have run into two curbs due to to being blinded. They are DANGEROUS

December 19, 2024 – Canton, OH – None

I have almost driven off the side of the road and more time than not, I stopped in the middle of the road because all I saw was a bright light that blinded me and I could see nothing else. I cannot see anything after those lights pass me. If they are behind me, I have to make sure I am in the middle of my mirrors so it doesn't affect me. I have been wanting to go after the manufacturer for years now.

December 19, 2024 – Heath, OH – Other

People with mild cataracts, like me, have problems with LED car headlights lights causing very bright sparkly halos around the headlights at night. This makes oncoming vehicles at night a big problem. The sparkly halos are blinding people and very unsafe. I avoid driving at night now. This has been a well documented problem for several years. Note: I am a retired QA Manager from a large lighting company. I have a lot of experience with LED lighting.

December 18, 2024 – San Francisco, CA – Migraine

I have lived in the same building on Telegraph Hill for 30 years and the last series of led lights on the bay bridge increased my migraine headaches substantially. After they were removed my migraine decreased and my way of life improved.

December 18, 2024 – Springfield, MA – Other

Blinding headlights! It was very disorienting to drive. Eye doctor tested for cataracts by shining light in my eyes and then declared surgery for cataracts should help with the glare. What about windshield manufacturers helping, if FDA won't regulate the LEDs?

December 18, 2024 – Vallejo, CA – Other

My wife has conditions that include Hereditary Alpha Tryptasemia which is causing seizures. Bright lights can trigger them, too, so these LED lights are extremely harsh for her, meaning she cannot leave the house in the evenings anymore, or go into stores, doctor's offices, look at Christmas lights, etc., as they are all equipped with the new LED lights. We've resorted to not using the lights in our home as they are the new LED bulbs and we cannot purchase incandescent bulbs. Luckily we have two lamps with old bulbs that we can use. I do not have this issue, but when driving I notice how bright and blinding headlights appear to be these days. My first reaction is to think the drivers have their high beams on. The worst is large trucks with lights shining straight through the back window into the rear-view mirror. It's truly awful.

December 17, 2024 – King County, WA – None.

I became extremely nauseated and experienced a headache immediately upon entering Target and Safeway after they had just switched from fluorescent bulbs to led bulbs. I experience eye pain from led headlights and streetlights and have to shield my eyes wherever I go. I feel agitated around led lights at night.

December 13, 2024 – Boca Raton, FL – Other

Cant go out at night i suffer from seizures and i have head trauma makes is hard to go out at night with family there is no need for those lights we are not in the forest n some idiots drive with them on high beam blinds my wife at night n me she suffers from migraine this has effected our night life .i still don't understand how this passed with all health hazards

December 12, 2024 – Vermillion, OH – Migraine

in addition to migraine I have a condition called Mal de Debarquement syndrome. LED lights really trigger my symptoms. It's very hard for me to go shopping or out to dinner and have a pleasurable experience. I always feel seasick.

December 9, 2024 – Portland, OR – Other

Almost got hit by another car (with LED lights) because their lights were so bright I couldn't see their

turn signal blinking. I've come so close to hitting medians in the past too because LED lights are so blinding.

December 9, 2024 – Lake Forest, CA – Astigmatism

When I was driving back from Las Vegas from Thanksgiving weekend I almost got into several car accidents because of being blinded by LEDs on curving two lane roads. It is impossible to see the lane markers when your night vision is destroyed by these new headlights. My girlfriend is almost completely unable to drive at night because of her astigmatism and how the headlight affect her vision.

December 8, 2024 – Harrison, OH – Other

I have noticed that these LED headlights are effecting my depth perception. When I look down the road at night to pull out of my street or any number of streets or changing lanes on the highway, and all I see are bright lights, there is nothing to 'ground' my vision to judge how far away a vehicle is before I do these maneuvers, or even the size of the vehicle. I see nothing but bright lights. I had a truck coming at me when I pulled out of a driveway and I couldn't see anything but headlights. I couldn't see the road and I couldn't see the outline of the vehicle until it whizzed by. I had to GUESS where the road was and hope that I was on my side and I didn't run off the road. It was absolutely blinding and I drive an SUV! It was traumatizing to say the least. And that was two years ago! I could have been killed or seriously injured. Ever since then, with no standards as to what headlights are supposed to look like, how many headlights are allowed to be lit up at one time, style, etc. I'm scared when I get on the road at night and it's only out of necessity when I do go out, never for pleasure anymore. These lights have destroyed the ability to do the things I enjoyed after work. Shopping, water aerobics, dining out, etc. And then we're being advised to focus on the side of the road or the white line, if you can see it, so we can drive at night? We shouldn't look to see what's ahead of us or coming at us while we're driving because this is the only way to save our eyesight and life? We now have to drive dangerously to accommodate headlights. That kind of advice right there is a valid indication that these lights are wrong for vehicles. We shouldn't be looking down, or to the side while driving. That's like driving with your eyes half closed, which is really what one is doing following that advice. It only takes a second to hit a human being or an animal looking anywhere but in front of you. The ridiculousness of LED headlights is insane.

December 8, 2024 – Colorado Springs, CO – Other

My sensitivity to LED became worse after a TBI. I wear sunglasses indoors because I work in a Fluorescent and LED hell in the evening and I wear sunglasses to drive home. It is the only way for me to stop myself from horrendous kaleidoscope vision as a person with synesthesia and tetrachromatic vision with post concussion photophobia. Light pollution is killing us and it is worse at night and contributing to severe migraines. Light pollution is literally making some people dopamine addicts but what about those with dopamine autoantibodies? We cannot have a strong nation of healthy people if we have been made stupid and intentionally addicted or severely ill by light. Street lights and lights used at night near businesses are at times bright enough to lead a bird to its death.

Have you seen the Tesla bulbs that are similar to incandescent-the reformulation? We need to bring back incandescent light bulbs.

I have tetrachromatic vision and this intense monochromatic light is causing me to have sensory overload. My tetrachromia causes me to see colors within colors- it is not a disability but a different ability. To me one strand of a persons hair is a rainbow. Ink from a pen is not just black. It only began to impact me after a TBI when my vision and senses began to go into overload and I was in a lot of pain and

a neurologist, and neuroophthalmologist could not understand me. Instead they began to take notes because I was finding out on my own what was working.

Some people who know this about me will shine LED lights in my eyes on purpose and laugh. These people are bullies.

As a tetrachromat I am even impacted by Migraine lenses called Avulux. These Migraine lenses make me very sick and cause me to have a migraine because they over focus the lens on one color of light spectrum when I am not designed that way. This is why I do not purchase monochromatic lenses either. Sunglasses with UV protection that are light enough color to use indoors work better than monochrome tinted lenses with UV protection. Incandescent bulbs do not have this, they are a variety of spectrum at once and do not have flicker most of the time.

These people that banned Incandescent lights are discriminating against my differences as a Neurodivergent, and my disability with a TBI and they need to bring them back. We need to have a choice of what kind of headlight we use on a vehicle, the intensity of the light in our home, and what kind of light works for us.

A person with synesthesia has more than one sense connected together. If I start to get this pain and this type of vision my sense of smell and hearing increase. This increase can cause hyper smelling and hyper hearing. If I have no protection from the light I will have burning eyes where the whites of my eyes turn red, my nose begins to run and my sinuses swell because the exposure causes hyperesthesia of my nose. Hours of exposure to Fluorescents and LED do this to me. My immune system thinks it needs to release histamine. TILT is known as Toxicant Induced Loss of Tolerance. Its definition only applies to chemicals, food and drugs. For me the definition applies but I have another category to add and it is Light Pollution.

We as US citizens are being bombarded by exposures and as we age our tolerance declines and some are more at risk for this than others. These risk categories are yet to be established; however, it is likely that for women Xist and Lyonization are at play. This Lyonization could tilt a person with a Redox disorder towards less tolerance over time. Other mechanisms are molecular mimicry and prior assaults to the immune system. TILT is related to Mast Cell activity but is not the only aspect of the the problem.

For those of us experiencing this we have to wear hats and sunglasses. The eye doctors I have seen do not deny what I have been experiencing. The equipment that they use cannot find the problem. They have several patients similar to me wearing Theraspec lenses. These lenses are not approved by the FDA but have been helping the patients. I have called my Vision Insurance plan to discuss this phenomenon and why NeuroOphthalmology, Ophthalmologists and other eye doctors are not diagnosing or investigating this. They do not answer my questions and change the subject. As humans who work in the evening, driving home in this light pollution is an absolute nightmare. The oncoming beams and beams behind you are reflecting in your face. More and more people are confessing to wearing sunglasses who are not as severe as me. Why is this being ignored? TBI can impact the retinal ganglion cells and excessively bright headlights and bright lighting in the workplace is very painful. I have to deal with disrespect, being made fun of because I am trying to protect myself.

Now it is December and I am getting more exposure from peoples Holiday light pollution on their homes that is way too damn bright at night and extremely painful. It is the nature of humans and businesses to

lie to the public for gain while conditioning people to think that it is better for them through omissions of critical information.

<https://www.frontiersin.org/journals/neuroscience/articles/10.3389/fnins.2024.1378498/full>

<https://www.ahajournals.org/doi/10.1161/STROKEAHA.123.044904>

<https://autism.org/webinars/toxicant-induced-loss-of-tolerance-tilt/>

<https://www.hsph.harvard.edu/hoffman-program/resources/chemicals-in-your-life/what-is-mcstilt/>

<https://tiltresearch.org/>

December 8, 2024 – Wakefield, MI – Other

Early onset, rapid decline cataracts, photosensitivity

December 8, 2024 – Wakefield, MI – Migraine

Vision assaulted by LED light bar mounted on front of a pickup truck. Temporary blindness, vision spots for hours, migraine. Ban these fu*ckers!

December 7, 2024 – Murfreesboro, TN – Migraine

I get migraine headaches very easily. I avoid driving at night as much as I can because of these horrible, bright LED lights! They are absurd and horrible. However, sometimes I have to. I have issues with being super light sensitive and they flat out blind me, followed often with a migraine! I've grown to HATE driving at night and even more so, hatred for all of these vehicles with these lights. It's extremely RUDE to own one of these vehicles! Once again, as I drive a sedan, a truck tailed me, BLINDING me safely driving on the interstate home from seeing my family for Thanksgiving! How can these lights be legal? They're dangerous!! I refuse to own a vehicle with these horrific lights! Please stop this dangerous condition to not be able to drive safe!

December 6, 2024 – Unspecified, FL – None

I was almost forced off the road due to the blinding lights of an upcoming car. I could NOT see a single thing. I was not alone in the car and was with my son. We thought my tires were lost on the right side due to the sudden movement. What a horrible experience, to drive under these conditions. There was no reason to change from the soft yellow lights.

December 5, 2024 – Willows, CA – Astigmatism

Can't drive at night anymore. Bought special driving glasses to reduce glare and they help a little, but after a few minutes driving against the oncoming superbright led headlights, I'm not seeing anything very well. Driving at night was never an issue before someone decided that putting these dangerous lights on vehicles was somehow a good idea.

December 4, 2024 – Morganville, NJ – None

WHEN DRIVING ON SINGLE-LANE ROADS IS ALMOST IMPOSSIBLE AS THE AUTO HEADLIGHTS ARE SO BRIGHT IT MAKES IT IMPOSSIBLE TO SEE THE ROAD. DIVIDED HIGHWAYS ARE NOT AS BAD. I USED TO ENJOY DRIVING BUT NOW IT IS IMPOSSIBLE UNFORTUNATELY, I STILL HAVE TO DRIVE. I TRIED SPECIAL GLASSES TO REDUCE GLARE BUT THEY DO NOT WORK. PLEASE DO SOMETHING ABOUT THIS BAD SITUATION AS I KNOW I'M NOT THE ONLY ONE HAVING THIS PROBLEM.

December 4, 2024 – Monroe, WA – Migraine

LED lights have only negatively impacted my life. I can no longer see when driving, especially the last few years. I have to close my eyes when driving for long periods of time, multiple times, because I cannot

see with people's LED lights. I can't tell if people are using their brights or just have LED lights. I can't see if there is a pedestrian. I can't see turns. I almost crashed tonight because I didn't see a turn due to someone's LED lights in my eyes. I see spots in my eyes for my entire drive after seeing any and trying to keep my eyes open. I get migraines. I might have undiagnosed autism as well, either way, I am extremely sensitive to light. I am scared I might die driving because of LED lights one day.

December 4, 2024 – Houston, TX – Astigmatism

It worries me when I am temporarily blinded by the unnecessary bright lights when I am driving. I instantly flinch to try to shield me from the harmful lights.

December 3, 2024 – Salem, OR – Migraine

I get ocular migraines, and the most reliable way to trigger them is to get blasted in the eyes with some kind of bright light. It usually sets in within 10-15 minutes, and then my vision is just ruined for the next hour. I can't drive at night because I'm at risk of being temporarily blinded. I don't want to have to pull over and sit at the side of the road for an hour, waiting for the aura to pass. When I'm in cars at night, I try not to look out the window. These blinding LED lights are a nightmare, and they don't even illuminate the road as thoroughly as the softer incandescent bulbs of my childhood. I've spent a lot of time in cars. I remember what things looked like. LED headlights are just plain inferior and dangerous, and they need to be banned.

December 3, 2024 – North Olmstead, OH – Astigmatism

They are blinding and they cause me anxiety while driving. I have to stop or turn down side roads to escape them.

December 3, 2024 – Chattanooga, TN – None

I do not have any health or vision problems. I am a perfectly healthy mid 20 year old, and have always had a passion for night driving.

I never really noticed major issues with night driving up until recently... the past few years. I've always noticed people with super bright blue-white headlights... typically just squinted and moved on.

Unfortunately, the majority of the cars on the road have these headlights. I was returning from Thanksgiving with my family and had a 7 hour drive home. There are no north/south interstates in this area, so a lot of my driving is on 2 lane and 4 lane state roads and US highways. I was on a very narrow and typically low traffic 2 lane in southwest GA heading back north. For the first time I had to slow down to about 20 miles per hour because I was completely blinded. I could not see the center line. I could not see the edge of the road. For about 20 seconds all I could see was white light.

This is not an eye problem. I had my eyes examined a few months ago. This is not a specific to me issue either, as I have no ailments and am in good health. This happened to your normal young American driving home from the holidays, and hoping to get home safely without being flash banged off the road.

I know SUV's and trucks are the most popular vehicles now, but I have always driven coupes, and lots of people drive those and sedans as well. We are not the minority. Please look into regulating these headlights. These are not "improperly aligned" these are straight from the factory and they seem to get worse every year.

December 1, 2024 – Greenbrae, CA – Other

The County I live in took away the shrubs in the median and now all I see are incoming bright headlights. I get a headache when I drive at night and makes me feel stuck at home at night. I get an immediate headache and feel like I'm going to crash my car.

They also installed rows and rows of LED overhead lights and they flood into my backyard and shine brightly into my bedroom and living room. Marin County did this and someone needs someone to do something about correcting this for the sake of our health. Thank you.

December 1, 2024 – Greenbrae, CA – Migraine

The County of Marin installed massive LED lights along a road directly behind our house. There was no community input, decisions made by Supervisors claiming they were needed for "safety". There has been zero incidents warranting any need for LED lights. Overhead LED lights now shine into our home disturbing our sleep and giving us migraines at night. On the road, the lights are so bright it might as well be a racetrack now. The County took out the center median that had various shrubs (now no longer) – so now on incoming cars, both east and west bound (along Sir Francis Drake Blvd) shine directly in our face as we drive home every night. The issue is overhead LED and car headlight LEDs. No thought was given by Marin County when installing said lights, and now created a real safety issue! Shame on Marin County, CA.

December 1, 2024 – Cranston, RI – Other

I am 39 with no known vision issues but I keep being blinded by LED headlights in front and behind me. It makes it really hard to see and drive safely at night. LEDs commonly used in new cars are way too bright. I had to pull in my left side mirror and this makes me scared to drive at night.

December 1, 2024 – Bowie, MD – Astigmatism

I have astigmatism. LEDs in cars have made it difficult for me to drive at night. I almost can never go anywhere during the week from how early it becomes dark. I have been fearful of accidents ever since a close call. It's just impossible to see for a time if they are coming towards me.