

## LED Incident Reports February 2025

<https://www.softlights.org/led-incident-reports/>

### February, 2025

February 28, 2025 – Salem, OR – None

I am regularly blinded by oncoming traffic while driving at night, and can only hope that no pedestrians, animals, or other motorists are in my path while the oncoming traffic passes. The problem is not only the brightness or quality of the light, but also the angle. The height of modern trucks and SUVs puts the beams directly into the eyes of people driving normal height sedans, coupes and hatchbacks.

February 24, 2025 – New Prague, MN – Astigmatism

I am 19 years old and generally have decent eyesight, aside from my astigmatism. I have noticed consistently that after driving at night there will be spots in my vision on my left eye, and my vision is noticeably worse on that side. I drive a small car, but that shouldn't mean I deserve to be blind. The main issue is large trucks and SUVs that put on lift kits and aftermarket headlights that aren't using the same light geometry as the OEM. There are sedans with bright lights but it's far less common.

February 19, 2025 – Hammond, IN – Astigmatism

I used to love to drive. I've driven hundreds of thousands of miles all over this country. LED headlights are without an ounce of hyperbole: painful. Even LED billboards cause discomfort. I have to take my eyes off the road when there's oncoming traffic with misaligned LED head lights. They need to be banned.

February 17, 2025 – Yolo County, CA – Autism

I was driving east on Hwy 16 towards Woodland, when I noticed intense amber LED flashing lights close to a mile ahead. I started to slow down. As I reached the LED flashing lights, the intensity and digital pulsing was unbearable. There were multiple vehicles. The panic started to set in. I covered my eyes with my hands and slowed to less than 20mph, basically trapped by the LED lights.

I crept forward in my car, blocking nearly everything from my sight except for a narrow sliver of road near the center line that I could see. Major panic started to set in as I passed the vehicles, which turned out to be about 3 Yolo County Sheriff's vehicles. After I passed, I glanced back in my rear view mirror and was struck by red and blue LED flashing lights. I let out a scream of agony. I suffered significant emotional trauma from this event.

February 17, 2025 – Anytown, MI – Autism

I have astigmatism, photosensitivity, and am currently in the process of being evaluated for autism. These LED headlights are violently bright and trigger physical pain starting behind my eyes that shoots

through to the back of my head and causes emotional distress, to the point of once pulling over (nearly crashing in the process) and engaging in self injurious behaviors due to dysregulation. They have nearly caused accidents to myself and others on numerous occasions. This is an issue far from limited to those with disabilities; anybody I ride with will feverishly complain whenever being faced with or followed by an LED headlight bearing vehicle. Pedestrian deaths have only increased since the switch, brightness is utterly unproductive if it blinds every other driver on the road. We need regulation on the harshness and we need it now.

February 16, 2025 – Amelia, OH – None

Was driving on a narrow two lane road. A car with the LED headlights was coming towards me. It was snowing out. The road was covered on both sides of the road. I slowed down to 15mph. As he passed his mirror hit my mirror. Causing damage to his mirror. He had a dash cam and it showed me on the yellow line. Had he NOT had the LED lights. I believe it never would've happened. I also got a \$125 ticket for driving left of center. Im 35yrs old and ive never been an "at fault accident" nor a ticket! I 100% blame the LED lights!!

February 16, 2025 – Woodbridge, NJ – None

I am a school bus driver in Central NJ. I am also a "car guy" for life! I've been working on, fixing and racing/driving since I was a teen. I own a 1995 VW Jetta 5speed that is 98% restored/tuned. Drove it 253,000 miles on the original clutch and shot a Mobil1 commercial with it in 2015. Google: David Alston + Mobil1.

I do not have any vision impairments or health issues. I also have incredible vision in the dark. A lot of these newer cars are annoying as hell with these "ridiculously" bright L.E.D. headlights. Hondas. Ford F150s. Kia. Tesla. Why are these vehicles "allowed" to be put on the road with these "stupid-bright" lights?!! And if you need lights "that bright" to see at night, you SHOULDN'T be driving!!!! This is EXTREMELY URGENT and SOMEONE NEEDS TO ADDRESS IT RIGHT FUCKING NOW! I am a "former" Fed. I worked in IT 16 years in DC. NHTSA needs to get off their ass and fast! Sick of these stupid L.E.D.s!!!! Google: David Alston + C.I.A. – NJ.com.

February 15, 2025 – Baltimore, MD – None

I almost hit a car while trying to shield my eyes from an oncoming car with bright lights. I have driven all over the world, I see we are way behind with light sensitivity, we have been for decades – look up how Brazil has managed this for decades. Please help stop this unsafe and unnecessary bright light issue.

February 13, 2025 – Battle Creek, MI – Migraine

I bought a box of led lights because that was all that was available at the store. I put them in my bathroom fixture and every time I turn the light on they flicker so much I have to turn the light off. The same in my kitchen. The flickering causes me to get Ocular migraines on a regular basis. This causes nausea and balance problems and I can't drive. I have quit driving at night because of the led headlights afraid I will get a migraine and not be able to get home. I suppose they save energy if you are afraid to turn your lights on at night.

February 11, 2025 – Manassas, VA – None

Driving in the rain at night with everyone's headlights behind me it is nearly impossible to see the road in front of me. Thankfully there were trees blocking the oncoming traffic's lights, otherwise I seriously don't think I would've made it home. It's incredibly dangerous and I could've gotten into a very serious

accident, I had to slow down and even pull over at a certain point to let people pass me so that I could see the road again. Regulate the brightness of these new headlights!

February 6, 2025 – Richmond, RI – None

I get temporarily blinded when oncoming vehicles have their bright LED lights on, it's hard to drive when being blinded from both in front and behind with the glare of bright led headlights reflecting off both my left side mirror and rear-view mirror.

February 6, 2025 – Gray, GA – Migraine

my husband works as a domino's delivery driver and frequently drives at night. he usually ends up getting migraines from these incredibly bright LED lights. he has told me he cannot see and it is difficult to drive and has to take aspirin often to just get relief from the migraines they cause. not only do the headlights that drive past him bother him, the headlights from people from behind also prevent him from seeing the road clearly. it is especially dangerous since we live in the country and there very well could be a deer and he would not be able to see it. its even worse when it is raining. these lights should be illegal for how dangerous they are to drivers.

February 6, 2025 – Mabank, TX – Migraine

I have documented light sensitivity. Before, halogens easily triggered headaches and migraines and I have installed 2000K bulbs in my house, placed "night mode" programs on computers and on phones before they became standard, and seen multiple doctors on how to best deal with it. My eyes cannot handle cool white lighting and can barely tolerate warm white lighting. Any form of blue-tone lighting will trigger headaches and migraines that make my vision blur and my head pound. With the introduction of bright cool white LEDs in headlights and streetlights, my ability to drive at night has gotten much worse. I am forced to wear tinted sunglasses while driving, which reduces my visibility, because the other option is being unable to drive. While I understand LEDs are more energy-efficient and effective at light distribution, the fact the color is a cool and very bright white has reduced my quality of life severely. I used to love driving at night, as it was much easier on my eyes than driving in the daytime, where my eyes have a very hard time handling sunny days. However, now there is no time of day where I can enjoy driving without any impairments. LEDs are not the problem, I can handle LEDs of other softer colors, but the white of 5000-4000K has made life much worse.

February 6, 2025 – Atlanta, GA – Other

The new LED headlights are blinding! They hurt my eyes and distract me. Instead of helping they are detrimental to everyone else on the road. Especially in urban areas there's no reason for regular lights to look like "brights"

February 4, 2025 – Vancouver, Canada – Electromagnetic Sensitivity

Since they have started using LED car headlights and also LED street lights I am unable to drive in the evening and at night as well as find it very difficult to even drive during the day. The lights are blinding from head on and also from behind in the rear view mirrors and side mirrors. This has affected my life and freedom immensely. It is even difficult to go for a walk through the streets because when these car lights come at you they are blinding.

These lights are ruining the ambience of the city as well.

Another problem is that the moth population is not breeding due to these very bright LED lights. This is going to have a terrible effect on the ecosystem. These need to be stopped from being used immediately! There are many other negative health effects of LED lights which I will submit later.

February 4, 2025 – Weaverville, NC – Other

Driving at night has gradually become more dangerous due to the increasing presence of blinding LED headlights. One has to either: look away or physically block the insanely bright blue light, lest they be blinded. The risk is so blatant, I do not understand how ultra high beams are not only legal, but becoming the norm.

February 2, 2025 – Ovilla, TX – Other

Momentary blindness that occurs repeatedly during nighttime commute to work.

February 2, 2025 – Los Angeles, CA – Astigmatism

Driving in the evening or at night has now become an impossible, highly stress-inducing task. I have almost been in an accident so many times due to having to look away from the road to avoid being blinded. This is insanity and I cannot imagine having to deal with this for the rest of my life. I have never felt more unsafe driving on the road and it seems insane to me that there has been no regulation on these blinding lights. I am begging someone to help put an end to this nightmare.