

LED Incident Reports April 2025

<https://www.softlights.org/led-incident-reports/>

April, 2025

April 25, 2025 – Iselin, NJ – Other

I had optic neuritis and now have a blind spot in my left eye. Today I went into a department store and the flickering was so bad from the LED lights that my eyes started to flutter uncontrollably. I have never had this happen before today. I just happened to be under a flickering led light. They are awful, and I have trouble seeing with them.

April 25, 2025 – Humboldt, TN – Other

Unable to see officers without reflective gear during accident events. Corner Mitchell and East St 1730. The officer had 3 units with Blinding strobes behind him. Washing him completely out of view in low light conditions. Especially for drivers of vehicles low to the ground. And Multiple units on site from other directions with Blinding strobes.

April 25, 2025 – Wynantskill, NY – Other

Street light is EXTREMELY bright. Lighting up whole side of house flooding into rooms including two bedrooms. Interrupting people and pet natural rhythms. Hard on the eyes when walking and driving. Noted increase in agitation and anxiety.

Town said they added light because kids were waiting for bus in the dark. Simply not true. At no time are kids waiting for bus in the dark (bus picks up kids after 7am). There has been little to no crime in this area for the 30+ years we've lived here. 3 generations of kids (including mine) have picked up the bus at that corner with no problems or concerns.

A single recent new resident (who happens to be friends with the town supervisor) asked for the light to be installed. The other 3 residences on the corner do not want or see a need for the light. The other street light on the road are considerably less bright and are positioned over the road (not facing houses). There was no notification, or opportunity for discussion/debate on the installation. I wish there was a way to include a picture,

Seeing research where this type of light has health implications which is concerning and stressful.

April 19, 2025 – Kalispell, MT – Autism

I'm tired of being blinded in the middle of town, day and night, with drivers in cars that are completely oblivious (or malicious) to the danger and pain they are causing others. I have had to stop dead in the middle of the road out of fear or driving off the road.

Adaptive headlights are not a perfect solution, and after-market installs with no regular checks to ensure safety are putting so many people in danger. I had to quit my driving job because of the physical and

mental toll this has caused me.

I used to love driving at night, now I can't stand it.

I wish someone with the power to make a change even cared.

April 19, 2025 – Salisbury, MD – Migraine

Bright LED lights triggered migraine started around 9:09 pm tonight after driving home from grocery store. These bright lights are ridiculous and cause "floaters" shortly after returning home I felt a headache coming on.

April 19, 2025 – Key Largo, FL – Other

Health issues aside, to which there are many from LED's, there needs to be standardized warmer lights for our country at night. All the new vehicles with 5000 or 6000k lights are ruining our experience and our atmosphere. It is completely alien, cold, and soulless. Night driving used to be a beautiful experience. Now it looks like morgue lighting. Its an atrocity to the sensibilities of life on earth. It is damaging to our circadian rhythms and nervous systems and needs to be stopped. Please place rules on car manufacturers and cities to go back to warm lights.

April 16, 2025 – Cincinnati, OH – Other

Today's automobiles, specifically SUVs made by Toyota, Hyundai, Kia, Honda and Acura have headlights that are WAY TOO BRIGHT!! When these vehicles come at you on a dark road, their light spread is literally blinding and especially on a rainy night, this has almost caused me to have a crash several times and always I'll see spots for several minutes after encountering one of these cars. I've noticed vision problems as well as increased frequency of headaches as of late and I have changed nothing in my lifestyle other than having greater exposure to these lights. And we shouldn't forget that the light bars on police vehicles and tow trucks are also retina-searing bright. We can see a flashing incandescent beacon on one of these cars from plenty of distance at night. This needs to be a class action suit against the auto manufacturers or the lamp manufacturers.

April 9, 2025 – Washington, DC – None

Not yet an incident – you need to get this out on every instance of the Nextdoor app in every city. Get more signatures!!

April 8, 2025 – Orem, UT – Astigmatism

I was driving from Idaho to Utah after a family reunion. I was going through a mountain pass when all of the sudden, im blinded by a line of LED headlights. I side swiped the concert barrier, not only damaging my car, but it made it difficult to pull over and assess the damage. It of course doesn't help with an astigmatism, but even with special glasses for it, LED headlights make it worse. I have to call my insurance tomorrow for the damage for my car because car companies don't give two shits about the drivers.

April 8, 2025 – Livonia, MI – Other

Had to go shopping yet our local Meijer here in Livonia on Middlebelt and Schoolcraft. I'm in the pet department looking for charcoal for our fish tank and Within minutes, I start getting this irritating, mild thumping pain behind my eyes. I'm thinking I'm having a stroke or something like that but The same thing happened to my wife a couple weeks ago and she realized the lighting so I just got out of there, reported it to the manager, and he kind of laughed it off.

April 7, 2025 – Brookings, OR – Electromagnetic Sensitivity

See <https://www.tiffanybergbrookingsoregon.com/>. Tiffany Bergs' light, lights up my house and property. But instead of being a good neighbor, she defamed me on TikTok.

April 7, 2025 – Bremerton, WA – Autism

For the past seven years I've worn sunglasses when outside of my house, even at night due to prevalence and ubiquitousness of blinding LED lights on cars, my neighbor has an LED floodlight without any kind of diffusing, a blinding LED streetlight has replaced one of the older bulbs in the streetlights on the road outside of my house.... I'm living in an unregulated LED hellscape, the only relief for my eyes is not wear sunglasses at all times when outside of where I have direct control over all the lighting

April 7, 2025 – Chicago, IL – Migraine

Oh my God where do I start everyday we wake up we have to deal with this it's affecting our mental health and our vision today on the way to work there was a guy behind me I slow down to let him pass he pulled up closer to me put on the extra super bright the lights that were on were already bright and he sat there behind me then he pulled up next to me and looked at me so now people are using it as a weapon they don't care there's no kindness or compassion there's no relatability to anyone else all that everyone is self-centered with these lights and this issue the ones who won't take them off in the daytime or you know when someone's coming towards them which they don't need amount of the day that's pretty stupid it shows how dumb society's gotten so now it's becoming more dangerous for me to travel the police here are not doing much I believe there's some laws in place in Illinois there's something that I found and I'm going to show it to them and they keep saying I know I know but they don't do nothing laws are not good if they're not enforced it's going to turn the violence if it hasn't already

April 7, 2025 – Albany, NY – Photophobia

I have to drive, day and night, with one hand blocking my view of oncoming traffic. Sometimes I have to tilt my rear view completely to the side because up is not enough. I have debilitating migraines and laser to prevent narrow angle glaucoma. SUV, trucks and car of certain manufacture almost continuously assault my neurocortex. The terror and anxiety I experience driving decreases the quality of my life and I'm certain I will die or kill someone from being visually impaired by others cars. LED lights are a great a public health concern for all on the road as drunken drivers and car manufacturers must be held to account before further lives are lost and the precious ability to see and drive, walk safely is compromised. In the name of goodwill of man to man, all measures must be taken to stop the blue white fatal hellscape LED has made the roads

April 3, 2025 – Mountain Home, AK – Autism

There's a newer model large truck that has very very bright led headlights. I dread running across him every weekday morning. One time I flashed my halogen headlights at him and he flashed his back and that's how I realized he didn't have his bright lights on, it's just his normal lights that are very very bright.

April 2, 2025 – Newman, MA – Astigmatism

I struggle with astigmatism and migraines. It is hard enough as it is to drive at night with these two setbacks but the LED lights make them considerably worse. LED lights are extremely ignorant and cause so many people distress and harm. I used to enjoy driving at night as a sense of peace and calm and now it causes me extreme distress and strain on my eyes. I have almost gotten into many accidents due to

coming around a corner and these lights blinding me. If I have to drive at night, it comes to the point that even the lights behind me are so bright that I have to turn my side mirrors out of my sight or darken my rear view, which is not very safe either. Please make some sort of regulations for headlights or, yet I say, ban these lights and bring back the soft yellow lights for everyone's safety.

April 1, 2025 – Oceanside, CA – None

On my commute for the past 3 months, once sunset hits, all the bright led lights beam my face on the opposite side of the road, obstructing my vision. Basically the intersection of the main hwy is just a sea of bright lights that I sometimes duck my head under.

Oh and don't let it be some a hole behind you on the express way ... I've had more than a number of jerk drivers beam me from behind (one time it was for a legit reason)) but seriously who tf are these wanna be cops with their bright lights.

At this point, I use anti glare shades or just beam my beams back at them bc why not....

April 1, 2025 – Baltimore, MD – None

Not only are exceedingly bright and misaligned LED lights physically painful to my eyes, but the blinding glare from both oncoming cars and cars behind me make it so that I am unable to see properly while driving at night. It is genuinely dangerous. I have tried everything in my own capacity to diminish the effect of bright headlights on my ability to drive at night, such as changing lanes when possible, averting my eyes and focusing elsewhere on my surroundings, and changing the angle of my own mirrors. These solutions work minimally to alleviate the brightness issue and are dangerous to have to implement. In my Honda Civic, which is not an excessively low to the ground sedan, the majority of other cars I encounter on the road either have lights that are too bright or lights that are pointed directly in my eyes, and frequently both. The intensity of headlights needs to be regulated and the appropriate alignment of headlights needs to be enforced. I'm 24 years old and I have to avoid driving at night. It shouldn't be that way.