

LED Incident Reports

March 2026 - July 2026

<https://www.softlights.org/led-incident-reports/>

July, 2026

July 31, 2026 - Wappinger Falls, NY - None

The cars with the blinding LED lights are a real problem for me. I have to actually look away while driving and look at the road line to see where I'm going. It's an accident waiting to happen.

July 30, 2026 - Minneapolis, MN - Other

We are a 50 + year old multi sensory design research lab. Since there is no way to contact you on your site, you may find a conversation about LED design and research interesting.
Peace, Steve Orfield

July 23, 2026 - Carroll, NE - Astigmatism

I simply cannot see. I am continuously blinded by these lights. I put my visor down to help block them. I do all the suggested things, that normal drivers do. It does not help. These lights are too intense. Not too mention, the common courtesy that was once taught for drivers, has become rare. Drivers are leaving these intense lights on without dimming appropriately, following with the brights on, and then there is the issue of the vehicles that have 4 and 6 lights on them. It is too much! There is a definite need for safety standards to be made here.

July 21, 2026 - Anytown, NA - Migraine

LEDs were invented as weapons to break up demonstrations. Incandescent lamps were invented to illuminate homes; they have a natural spectrum!

Energy savings are nothing compared to the harm from LEDs!

LEDs blind (that's why they were invented), cause vasospasm in the head, the head is tightened with a hoop, the human aura is irradiated, the pulse rises, dizziness, panic attacks occur!

Please pay close attention to the problem people!

July 19, 2026 - Los Angeles, CA - None

So glad to find this website! In January (when it gets dark so early), I nearly hit a jaywalking pedestrian after being blinded by LED headlights. TWICE. In the first case, a woman walked her daughter from between two parked vehicles in the middle of the road as I was blinded by glare from an oncoming vehicle. In the second, a homeless man crossed against the light, and though I was green to go, I barely saw him because of the lights of the high-sitting

SUV behind me. Had I hit either of these suddenly appearing jaywalkers, I might have lost everything—while the owner of the blinding vehicle (not to mention the auto manufacturing industry!) would have driven merrily away.

July 12, 2026 - Sykesville, MD - Other

I have blue eyes and it makes it 10x more difficult to drive at night. I have to flip my rear view mirror up to reflect the light away from my eyes.

July 9, 2026 - Los Angeles, CA - Migraine

I routinely suffer from migraines, eye strain, and headaches due to the mandated LED and florescent bulbs. Incandescent bulbs never gave me a problem and thankfully I stockpiled them and still use them today throughout my home. But I am routinely impacted when at the office, at a friend's house, out in restaurants, stores, etc. The harsh lighting everywhere mandated now by absurd laws is a major problem.

June, 2026

June 30, 2026 - Goose Creek, SC - None

I have to drive through a pretty narrow and deserted road to get to my house and many times I have been completely blinded by cars driving in the opposite direction and once to the point where I have swerved off the road

June 26, 2026 - Anytown, USA - Astigmatism

mostly teslas and new cars. Most of these lights are brighter than the sunset and cause lasting blindness after exposure. I constantly fear that one day I will be blinded and accidentally crash my car because of someone else's headlights.

June 17, 2026 - Madison, WI - Photophobia

My husband needed to be picked up from the mechanic this afternoon and it's been raining here all day. I was otherwise having a great day and great week. The rain had thankfully stopped by the time I needed to drive. The cloudy weather meant more contrast with the LED headlights and running lights. I had to put my left hand up to block oncoming lights almost the whole way there and back, which feels very unsafe if one of those cars would cross the center line as I would not be able to see it behind my outstretched hand. My nervous system was shot by the time I got the three miles to the mechanic and was far worse by the time I got home. It's taken two hours and a lorazepam for me to stop sobbing because I feel like I cannot function as a normal human due to the blinding oncoming lights. I just want to become a hermit, grow all my own food, and never have to drive or ride anywhere ever again. I don't know what else to do. I went from feeling great to hopeless and borderline suicidal in 8 minutes of drive time.

June 16, 2026 - Oklahoma City, OK - Migraine

Tonight I was driving home after running some errands and there was an oncoming vehicle that had the brightest lights I have ever seen and it's hard not to look that way when the lights are that bright. I push my left turn signal and accidentally flashed my brights at the dude and he flashed me back and they were way brighter than before, so bright that it gave me a migraine and I'm still seeing little white dots after 20 minutes. I'm not sure why we need daytime lights for night time. What's the point? You're not supposed to have lights brighter than street lights on a car driving down any kind of road knowing that there are

people out there with epilepsy and other things that can be caused by bright lights which by the way do a great amount of damage to your eyes. I hardly go out at night anymore simply because it's too risky with all the lights being so damn bright

June 12, 2026 - Kalina Mala, Poland - None

It tires my eyes, I prefer longer-lasting bulbs because LEDs can withstand less (e.g. shocks or heat) and I'm a fanatic of vintage things.

June 12, 2026 - Chicago, IL - Epilepsy

Big box stores with LED lights make me sick. It is blinding bright and I can't shop. Costco, marshalls, TJ Maxx, grocery stores, LED lights are in most stores. The only way to shop in person is to wear sunglasses and a rollenz eye shield. The lights are flickering and too bright.

June 11, 2026 - Newark, NJ - Electromagnetic Sensivity

Crazy ass bright police light, Newark PD. I swear, I saw Jesus Christ, go sick um Mark

June 10, 2026 - Houston, TX - None

LED lights from the many trucks in TX blind me while driving in my standard vehicle. It makes driving at night miserable and painful.

May, 2026

May 27, 2026 - Chicago, IL - Photophobia

MULTIPLY THIS TIMES HUNDREDS OF TIMES EVERY DAY> OMG I AM LIVING A NIGHTMARE AND SMASHED IN THE FACE CONSTANTLY WITH THE BRIGHTNESS OF OVER EXCESSIVE HEADLIGHTS AND NOTHING BEING DONE!!!! STOP USING US TO HARM EACH OTHER AND IDIOT SELFISH DRIVERS DON'T CARE WHO THEY HARM!!! THIS IS A CRIME CONSTANTLY!!!!

May 21, 2026 - Utica, KY - Photophobia

These lights are way too bright and impair my vision when driving at night to the point I can't safely see. I have no issues with other types of headlights. If someone behind me has LED it's very distracting shining in my car and they tend to follow too close behind close and I'm unable to use my rear view mirror or side mirrors due to the glare. It's a growing problem.

May 20, 2026 - Bellefontaine, OH - Migraine

Started having dizziness along with a bunch of other neurological issues in 2024. Am waiting to be seen by a rheumatologist to rule out sjogren's syndrome , can't get into them until July 2026. I've been seen by several doctors. This has caused me to have flare ups with my thyroid, vision problems, tingling and leg zaps down to my toes, blood pressure fluctuation, now am having severe headaches. I've tried several times to get whole house shields placed on the street lights trespassing into my home to no avail.

May 16, 2026 - Albany, NY - Astigmatism

I drive in a constant state of defense, placing away, raising an arm, adjusting mirrors in my subcompact sedan. I knew it was only a matter of time until this caused an accident. I am grateful it was behind a stopped car approaching a light, at a hilly diagonal 4 way intersection on a friday night, but it totaled my car and I fear ever driving again.

May 14, 2026 - San Diego, CA - Migraine

I can no longer drive, go for walks or even look out of my windows at night because the LED headlights on newer cars blind me. While driving, I've had to pull over multiple times to wait for my vision to return to normal. My migraines have gotten more frequent and are triggered by bright LED headlights.

May 12, 2026 - Seattle, WA - Other

My vision suddenly changed. I was seeing bright flashing lights in particular blue and white colors. I could no longer read it closed captioning on the TV I could barely actually see the TV. It was terrifying. I walked away from the area where I was watching TV (Under a newly installed LED ceiling light in a fairly closed space/Breakfast nook in the kitchen. I had no idea what was happening to me, and I thought I was going to permanently lose my vision. Thankfully, I went into another room of the house and sat down and slowly my vision started to normalize. There were no LED lights in the room where my vision was restored. It was an incandescent light bulb inside a milk glass shade/Globe. I tried to think out what had just happened to me and I googled about LED lights and found out this has happened to other people as well. I do have dry macular degeneration (Which apparently can be a risk factor) But I had no idea What was happening to me and I felt like I was getting blind suddenly. Was terrifying. My vision is now back to normal and I will be removing all LED lights out of my home. I wanted to let you know this happened so you can address it.. Obviously, very dangerous to vision

May 12, 2026 - High Point, NC - Other

My eyes are sensitive to the bright light at night. These new cars have twice as bright headlights as my high beams. So I just run with my high beams on all the time. I see cars, new cars, electric cars, sometimes with double headlights in the front, meaning four lights and they're all bright. Why?

May 6, 2026 - Halifax, NS, Canada - Photophobia

My partner Jen has extreme photophobia that is basically ruining her life and employment. She can't even go into buildings because everything has been switched over to LEDs, she can't get employment barely. Can't use screens. It's becoming a nightmare for her. Just reaching out to see if you have some resources for maybe legal options or a phone number to talk to. She had to quit a job today because of it.

April, 2026

April 19, 2026 - Bellefontaine, OH - Other

Been trying to get Shields installed onto the street lights outside of my home for over 3 years now. I've had a lot of different health issues arise since these lights have been installed. Started out having dizziness, then was my thyroid, then my hormones, now my vision. I'm told I have vestibular migraines now. I am now seeing a functional medicine doctor, which has been quite the expense. Finally had a lighting company come out and "dim" one of the lights. I was told they couldn't dim it any lower. He also said he was going to send in a request for a shield to be installed (that was over two weeks ago). We still have no shield. I was also told by the lighting company that I may be responsible for paying for the shield, which would be around \$400. Blackout curtains are a joke when it comes to these lights, as the light comes through any crack on all sides of the window (another

expense). There has got to be something done about these lights. I would appreciate any help and advice from Soft Light Foundation.

April 18, 2026 - Anytown, NY - Sjogren's

I have to wear glasses. i'm female with a sedan. blinded at night by the powerful lights even by sedans. sometimes i have to stop the car completely because i can't see which is dangerous. please regulate this.

April 18, 2026 - Fairfield, PA - Other

Hello. I submitted an LED incident report before and haven't heard back yet. I wanted to add something to the report. I am trying to prevent the installation of unshielded 3000K LED lights throughout our entire town. We had a 4000K "preview" light put up last Fall and taken down 2 months later due to numerous complaints. Our Borough Council, who in a newspaper article, said they were behind us 100% now said, in writing, that they will put up whatever lights MetEd (our power company) gives us, which are 3000K unshielded LED lights. The council says I should try my luck w/ the Pennsylvania Public Utility Commission, which I have made a formal complaint. The council is fully informed about the hazards of the lights, informed of alternative lighting, and have chosen to do nothing. We have an online petition. We have an in person petition. No one we have spoken to wants these lights. Please let us know what to do now. MetEd claims we can't make a complaint about a light they have not put up yet. We already saw their "prototype" and said no. The only difference in the light will be it's a little yellower. Here is our online petition that describes the problem. <https://c.org/Mjk65dSscq>

April 14, 2026 - South Holland, IL - Other

I am filing a formal complaint about the rising use of overly bright, full-grille LED lighting on vehicles. These lights cause dangerous glare, obscure the road, and threaten driver safety. Last night in Chicago Heights, a vehicle with ultra-bright LEDs across its front grille temporarily prevented me from seeing the lane ahead. This is the third time in six months I've experienced dangerous glare from similar lighting.

These lighting systems seem to breach roadway safety standards. Though often aftermarket, they are sold and used without enforcement. The lack of concern for driver safety and accountability from dealers and installers is troubling.

- Investigate the legality and compliance of full-grille LED lights.
- Enforce regulations on vehicle lighting brightness and beam patterns.
- Advise dealerships and installers to avoid unsafe lighting equipment.
- Alert drivers that aftermarket light bars and grille-wide LEDs causing glare are banned for road use.

These ultra-bright lighting systems are not merely an annoyance — they are a growing public safety threat. I urge your office to take action before more drivers are put at risk. Thank you for your attention to this matter. I am willing to provide additional details if needed.

April 12, 2026 - Boynton Beach, FL - Other

I had a bad car accident last week because a car's lights were so bright that I could not see the road. Why can't Karen manufactures help people that have difficulty driving at night? They are making the problem so much worse instead of better. I'm so disappointed.

April 10, 2026 - Monroe, NC - Migraine

Stadium ultra bright new tall lights in our development. So sick at night in my own development and home. Nothing blocks out the light totally. I've tried it all. Lack of sleep palpitations, headaches, light flashes in my eyes, wake up groggy, horrible. Can't go for walks at night, can leave shades up at night and artificial light from these come thru the curtains and shades and makes me restless all night! I'm worried what they do to the body! I hate them!! Please have them banned and removed from here

April 10, 2026 - Charlotte, NC - Electromagnetic Sensitivity

Blinded and head pain by headlight light directly in my face. Scared I was getting stroke like or seizure. I'm sure it did something g.

April 10, 2026 - Fairfield, PA - Other

I am in a historic, small rural town in PA. I have been fighting tirelessly for 6 months to insist on warm (2200K), fully shielded in order to light only public spaces and not private ones, taking in the nature of each area of the Borough's lighting need and only as bright as the need is, IES/ANSI/DarkSky approved LED lights for our small town, that has had a history of the Council letting the power company, MetEd do whatever they wish. Last Autumn, a 4000K unshielded LED 2 laser beams of a light was suddenly installed across from our home. We and 5 other residences complained. This included someone who was undergoing thyroid cancer treatments. I was a wreck. We couldn't walk down our own steps because we couldn't see from the afterimages and the glare. We have metal awnings and all the room darkening blinds and curtains from the last round of terrible sodium vapors. The neighbor was told to put cardboard over their windows. I was told to move somewhere darker. I was also told to shoot the light out. All by a MetEd rep who is a hunting buddy of a council person and will be our last ditch effort with a can of spraypaint to try to "shield" the light, so I'm trying to leave that guy out of it. After 2 months of not sleeping, not wanting to leave the house because it was too dangerous because we were literally blinded every time, MetEd took down the light and put up a less abusive, but still really bad, sodium vapor. The cover fell off and it's just a bare bulb and the neighbors and I are afraid to call MetEd lest the LED light come back.

I have been back to at least 3 more Council meetings with lots of evidence backing me up and a petition rolling in too. They say they're behind us. I do not believe them. Every meeting is like the movie Groundhog Day. I was told to get a petition and a class action lawyer. Why do we need all that if the Council is "on our side" and the LED lights won't be coming back? Why a lawyer for something that hasn't happened yet? They only perked up when I said (again) that the lights had public nuisance legal problems. MetEd has now said they will install unshielded 3000K LED lights everywhere in town. I filed a formal complaint w/ the PUC, who unfortunately approved the new awful lights while I was away trying to do my real job. I have ADHD and PTSD, both of which have been horribly triggered and continue to be triggered because they just put these lights up with no warning. It's happened twice now, and I'm afraid they'll do it again. My husband is a disabled veteran. His problems were aggravated.

The Borough Council and Mayor and MetEd reps were offered, for free, a representative from DarkSkyPA (Dark Sky International) to come and speak with them on lighting solutions. They have repeatedly passively refused. They cannot claim deniability. There's too long a paper trail.

Due to my online petition, I found out there is a little girl on Main St. whose family moved here because there were no LEDs. She gets seizures from them. This is clearly an ADA issue for many of us and an emergency issue for her.

I have photos of what the LED did to our home. I would love to share them and get any advice or help. Legal seems to be all the Council understands. Here is the link to my petition. <https://c.org/2htgQdz9Vj> One photo is on there. I would be grateful for any help you could give, especially any legal ADA citings like glare interfering with vision, etc.

April 7, 2026 - Asheboro, NC - Migraine

Since late 2022, LED visible radiation has made my life a living hell. I suffer from migraine disease—a physiological condition that is as real as Type 1 diabetes or severe allergies. It is not "psychological," though I have been gaslit by neighbors (who are medical professionals) telling me exactly that. The chronic pain and environmental stress caused by these lights have been so severe that I have had to seek professional therapy to cope with the impact on my life and health.

In early 2023, my neighbor installed an unshielded LED floodlight as bright as a stadium spotlight. It shines directly into my property, illuminating it so brightly that I can no longer enjoy the night sky—one of the primary reasons I moved to these mountains. Once the sun sets, I am forced against my will to go inside and close specially designed blackout blinds. Because there is no lighting ordinance in Asheboro to protect disabled people like me, I am effectively a prisoner in my own home.

This is a systemic issue. I can no longer drive home from work on the highways without a debilitating headache because of the unfiltered, "whiter-than-white" LED lights recently installed on cellphone towers. I am never fully present anymore; I am constantly "scouting" my environment for triggers.

There are over 40 million Americans with light sensitivity. We are being assaulted by cheap, bare-bulbed LEDs that are poorly filtered. Mandating that government and infrastructure lighting be yellow-spectrum, high-quality, and shielded would make the world accessible again. We exist, and we should be heard.

Note: I give my full permission for the Soft Lights Foundation or government agencies to contact me for further documentation, medical records, or evidence regarding these claims.

April 3, 2026 - Brunswick, ME - Astigmatism

No specific incident. Vehicle headlight brightness has been an annoyance for the past few years. It is near impossible to drive at night these days, and even during the day to dodge the laser beams of current headlights. This is a huge safety issue, and most people are likely not even aware of the problem their vehicles are causing.

April 1, 2026 - Japan

I am Japanese. I wrote an article in english about the damage caused by LEDs. In Japan, LEDs are about to be made mandatory, and nobody is going to help me. Please read it. I will send you my website adress.

<https://note.com/treeleaves/n/na23539ed16cc>

March, 2026

March 31, 2026 - Holland, NY - Other

The law for the intensity of allowed brightness is ambiguous. It simply states "brilliance". There should be a lumens value where we may measure how intense the headlights are. It would be easy to ticket offenders.

The same thing can be for the law on automobile noise.

March 31, 2026 - Dunkirk, NY - None

driving through a 60 mile stretch of 2 lane road in NC the road was wet and the lights were so bright i could not see the road in front of me. when i got home i upgraded my headlights to brighter led's so i could see the road. extended distance lights encourages speeding

March 14, 2026 - Tampa, HI - Electromagnetic Sensitivity

March 12, 2026 - Tualatin, OR - None

Driving at night is dangerous! These new LED headlights in cars are blinding. At the very least I am coming home with a headache every day because my retinas are being fried. I am shocked more people aren't getting into car accidents. This has to be extremely hazardous driving conditions.

March 9, 2026 - Kingston, Jamaica - Other

Disruption of melatonin.

March 9, 2026 - Wooster, OH - Astigmatism

Temporary eye damage, taking my focus away from the road.

March 5, 2026 - Murrieta, CA - None

I drive an hour home from work every night. During my hour long commute I am bombarded by bright LED headlights of other cars, regardless if they are oncoming or behind me. One incident particularly stands out, where I was waiting in a turning lane and truck with the highest and brightest headlights pulls up behind me. I was blinded just looking through my side view mirror and I couldn't see forward because the lights were also in my rearview mirror. The lights were so bright they lit up the entire inside of my car. Everywhere I looked was like an intense strobe light shining directly into my eyes. By the time I got home I could feel the effects of the lights. I'm worried my vision is becoming more damaged with each night I drive home. This isn't good. Please do something about this or people will go blind.

March 4, 2026 - Chicago, IL - Other

I get out late and need to take lake shore drive home. Cars run up to about 80 miles an hour which makes these LEDS a blinding disaster for me in my little sedan. BAN LED LIGHTS. THEY ARE HARMFUL!!!!

March 3, 2026 - San Francisco, CA - None

Eye damaged by an insanely Bright LED on a Semi Truck while driving at night. It was a dark field with no illumination when suddenly the truck either crested a hill or turned on its lights while not on before. It was a life-altering injury.

LED light should not be used for illumination. It is destroying our collective eyes and brains. We are all suffering because of it. Quality of life diminished greatly because of the forced

mass adoption of this horrible "technology".
Go back to Incandescence.

March 3, 2026 - Amherst, NY - Photophobia

Difficult driving at night, difficult walking the neighborhood where LED lights have been changed. I've also submitted for the village of Williamsville, which I reside, but Amherst is the town. And does provide services for the village.

March 3, 2026 - Village of Williamsville, NY - Photophobia

My ability to be able to enjoy walking my neighborhood or being able not to put blackouts on my windows. If in when LED lights are installed on my part of the village parts of the village have already been converted. I suffer from depression and anxiety in adhd. Extremely a light sensitive.

March 2, 2026 - Lodi, WI - Other

No night sky.